

BREAKFAST

THE EARLY PADDLER..... 5.60
2 Eggs, Bacon, Portuguese Sausage, Ham or
Corned Beef Hash and Rice, Tater Tots or Toast

FRENCH TOAST 4.15
Choice of White, Wheat or Multi-Grain Bread

BUTTERMILK PANCAKES 4.15
Short Stack..... 3.50

OMELETTES:

Ham & Cheese 4.95
Spanish 5.80
Cheese 4.75
Tuna 5.50
Egg White with Tomatoes, Onions and Cheese..... 4.95

SIDE ORDERS

Single Egg 1.30
Ham, Bacon, Portuguese Sausage or
Corned Beef Hash..... 2.75
1 Scoop Brown or White Rice 1.10
1 Scoop Fried Rice..... 1.50
Tater Tots 1.50
Toast (White, Wheat or Multi-Grain)..... 1.10
Bagel with Cream Cheese..... 1.50
English Muffin (Plain or Poi) 1.10
Assorted Muffins..... 2.45
Assorted Cereals..... 2.75
Cottage Cheese 1.45
Strawberry Yoplait Yogurt 2.40
Granola Bowl 4.00
Acai Rio Bowl..... 6.95

FRUIT

Fruit Cup..... 3.00
Whole Fruit (Banana or Orange) 1.75
Half Papaya..... 2.75
Papaya with Fruit 5.00
Papaya with Fruit & Cottage Cheese 6.00
Papaya with Chicken Salad..... 6.25

LUNCH

FAVORITES

<i>Chili Rice</i>	3.50
<i>Pepperoni Pizza</i>	3.95
<i>Hot Dog</i>	2.95
<i>Corn Dog</i>	1.95
<i>Fish & Chips</i>	5.95
<i>Fish Sticks</i>	4.50
<i>French Fries</i>	1.95
<i>Smiley Fries</i>	2.10
<i>Chicken Strips</i>	4.15
<i>Potato Chips</i>	1.75
<i>Teri Chicken or Chicken Katsu Plate Lunch</i>	6.50
<i>Quesadilla with Cheese</i>	3.50
<i>Quesadilla with Chicken & Cheese</i>	4.95
<i>Chicken Chimichanga</i>	3.40

BURGERS

<i>Hamburger</i>	3.95
<i>Cheeseburger</i>	4.50
<i>Garden Burger</i>	5.50
<i>Teri Chicken Burger</i>	5.15
<i>Salmon Burger</i>	4.95

SALADS

<i>Luncheon</i>	2.30
<i>Chicken Salad Plate</i>	5.50
<i>Scoop of Egg Salad</i>	3.10
<i>Scoop of Chicken or Tuna Salad</i>	3.50
<i>Teri Chicken Breast</i>	5.00

SANDWICHES

<i>Ham & Cheese</i>	3.95
<i>Bacon, Lettuce and Tomato</i>	3.60
<i>Grilled Cheese</i>	2.95
<i>Grilled Ham & Cheese</i>	3.95
<i>Chicken or Tuna Salad</i>	5.25
<i>Egg Salad</i>	3.60
<i>Vegetable Wrap</i>	4.40
<i>Chicken or Tuna Wrap</i>	5.50

DESSERT

ICE CREAM

(Chocolate, Vanilla, Mint Chocolate Chip, Rocky Road, Cookies & Cream, Kona Coffee and Strawberry)

SHERBET (Rainbow and Orange)

1 Scoop 2.25

2 Scoops 3.35

SHAKE, MALT, FREEZE, FLOAT or SUNDAE

2 Scoops 3.95

3 Scoops 4.95

BARS

Cliff (Apple Cherry and Peanut Butter)..... 3.00

Tiger Milk..... 1.50

BEVERAGES

COFFEE..... 1.50

SOFT DRINKS

(Coke, Diet Coke, Root Beer, Raspberry Ice Tea, Fruit Punch & Sprite)

Medium (16 oz.) 1.95

Large (20 oz.) 2.25

Jumbo (32 oz.) 2.75

ICE OR HOT TEA 1.50

MILK OR HOT CHOCOLATE..... 1.75

GATORADE..... 1.95

PROPEL..... 3.25

PROTEIN SHAKE..... 3.75

BOTTLED JUICE (16 oz.) 2.40

Snapple: Pink Lemonade, Grapeade, Kiwi Strawberry and Raspberry Ice Tea.

Other Brand Flavors: Apple, Orange and Cranberry

CAN GUAVA..... 1.25

SMOOTHIES (Strawberry, Mango, Pina Colada, Guava)..... 3.00

(Mix & Match – with or without Ice Cream)

HAWAIIAN SPRINGS BOTTLED WATER 2.00

LANGER'S ENHANCED WATER 3.25

(Heart, Peace, Energy, Power Detox)

ACAI ENERGY DRINK 3.75